



Intro: 48 counts (start counting with the heavy beats)

Section 1 **Rock Right Side, 1/4 Turn L With Flick, Triple Forward, 1/2 Chase Turn R, Full L Turn (OR Walk, Walk)**

1 Rock R to right side pushing hips slightly to right and turning upper body slightly right (1)
2 Turn 1/4 left to face 9:00 as you step L in place flicking R foot up behind (2) (9:00)
3&4 Step R forward (3); Step L beside R heel (&); Step R forward (4)
5&6 Step L forward (5); Turn 1/2 right shifting weight to R (&); Step L forward (6) (3:00)
7-8 Turn 1/2 left stepping R back (7); Turn 1/2 left stepping L forward (8) (3:00)

Note: You may omit the full turn on counts 7-8 by walking forward R, L.

Section 2 **Syncopated Lock Steps X 2, Forward Rock, Recover, Back, Back**

1-2& Step R diagonally forward right (heavy step) (1); Cross L behind R (2); Step R to right (&)
3-4& Step L diagonally forward left (heavy step) (3); Cross R behind L (4); Step L to left (&)
5-6 Rock R forward (5); Recover onto L (6)
7-8 Step R back (pull R shoulder back) (7); Step L back (pull L shoulder back) (8) (3:00)

***3 Restarts:** Each time you Restart, you will do a 1/4 turn right to rock R to right side

Restart #1 On repetition 4 you are facing 3:00, dance 16 counts and Restart facing 9:00

Restart #2 On repetition 8 you are facing 12:00, dance 16 counts and Restart facing 6:00

Restart #3 On repetition 10 you are facing 3:00, dance 16 counts and Restart facing 9:00

Section 3 **1/4 Turn R, Point L, Switch Point R & L, Body Roll, & Step Side, Hold, & 1/4 Turn L**

1-2 Turn 1/4 right stepping R to right (1); Touch L to left side (2) (6:00)
&3&4 Step L beside R (&); Touch R to right side (3); Step R beside L (&); Touch L to left side (4)
5 With body facing slightly right, roll body back from top down shifting weight to L foot (5)
&6-7 Step R beside L (&); Squaring body up to 6:00 step L to left (6); Hold (7) (6:00)
&8 Step R beside L (&); Turn 1/4 left stepping L forward (8) (3:00)

Section 4 **Knee Pop/Camel Walk Turning L 1/2, Out, Out, Ball Cross (OR Full Turn R)**

1 Turn 1/4 left stepping R to right popping L knee forward with ball of L on floor (1) (12:00)
2 Turn 1/4 left stepping L forward popping R knee forward with ball of R on floor (2) (9:00)
3 Step R forward popping L knee with ball of L on floor (body facing slightly left) (3)
4 Lock step L behind R popping R knee forward with ball of R on floor (4)
5-6 Squaring body to face 9:00 – Strong step R to right (5); Strong step L to left (6)
7 Hold (7)
&8 Step ball of R slightly back (&); Step L across R (8) (9:00)

Turning option: Prep your body slightly left on count 6. Then, you may do a full turn right traveling to the right with small steps R, L on counts &8.