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S T One<br>64 Count, 4 Wall, Beginner<br>Choreographer: Rachael McEnaney-White (USA) Mar 2016<br>Choreographed to: Still The One by Orleans

$x 3.53 \mathrm{mins}$
Approx 3.53 mins
Count $\mathrm{In}: 32$ counts from when beat kicks in, dance begins on vocals. Approx 72 bpm
Section 1 K Step - R Fwd, Touch L, L Back, Touch R, R Back, Touch L. L Fwd, ¼ Turn L Hitching R
12 Step R forward to right diagonal (1), touch L next to R (option to clap) (2), 12.00
34 Step L back to L diagonal (3), touch $R$ next to $L$ (option to clap) (4) 12.00
56 Step R back to right diagonal (5), touch L next to R (option to clap) (6), 12.00
78 Step L forward to left diagonal (7), make $1 / 4$ turn left as you hitch $R$ knee (8) 9.00
Section 2 Walk Back R-L-R, L Touch Back, L Fwd, R Kick, R Back, L Touch Back
1234 Step back $R$ (1), step back $L$ (2), step back $R$ (3), touch $L$ toe back (4) 9.00
$5678 \quad$ Step forward $L(5)$, kick $R$ forward (6), step back $R(7)$, touch $L$ toe back (8) 9.00
Section 3 L Fwd, R Close, L Fwd, R Brush, R Fwd, L Brush, L Fwd, R Brush
1234 Step forward $L$ (1), step $R$ next to $L$ (2), step forward $L$ (3), brush $R$ next to $L$ (4) 9.00
5678 Step forward $R(5)$, brush $L$ next to $R(6)$, step forward $L$ (7), brush $R$ next to $L$ (8) 9.00
Section $4 \quad$ R Jazz Box With $1 / 4$ Turn R, L Cross, Weave R
$1234 \quad$ Cross $R$ over $L$ (1), make 1/8 turn right step back $L$ (2), make 1/8 turn right step $R$ to right side (3), cross L over R (4) 12.00
$5678 \quad$ Step $R$ to right side (5), cross L behind R (6), step $R$ to right side (7), cross $L$ over $R(8) 12.00$
Section $5 \quad R$ side rock, $R$ crossing toe strut, $L$ rocking chair on diagonal
1234 Rock $R$ to right side (1), recover weight $L$ (2), cross ball of $R$ over $L$ (3),
5678 With body facing $L$ diagonal (10.30) Rock forward $L$ (5), recover weight $R(6)$, rock back $L$ (7), recover weight $R(8) 10.30$

Section 6 L Side Rock With $1 / 4$ Turn R, L Toe Strut, R Rocking Chair
1234 Rock $L$ to left side (1), recover weight $R$ making $1 / 4$ turn right (2), touch ball of $L$ forward (3), drop $L$ heel to floor taking weight $L$ (4) 3.00
5678 Rock forward $R(5)$, recover weight $L(6)$, rock back $R(7)$, recover weight $L$ (8) 3.00
Section 7 R Heel Strut, L Heel Strut, V Step R-L-R-L
1234 Touch $R$ heel forward (1), drop $R$ toe to floor taking weight $R$ (2), touch $L$ heel forward (3),
$5678 \quad$ Step $R$ to right diagonal (5), step L to left side (shoulder width apart from R) (6), step back $R(7)$, step $L$ next to $R(8) 3.00$

Section $8 \quad$ R Diagonal Stomp, L Heel-Toe-Heel Swivel, L Diagonal Stomp, R Heel-Toe-Heel Swivel
1234 Stomp R to right diagonal (1), swivel $L$ heel in (2), swivel $L$ toe in (3), swivel $L$ heel in (4) 3.00
$5678 \quad$ Stomp $L$ to left diagonal (5), swivel $R$ heel in (6), swivel $R$ toe in (7), swivel $R$ heel in (8) 3.00

## Start Again - Happy Dancing

