

Just A Phase (CBA 2019) 32 Count, 2 Wall, Intermediate

32 Count, 2 Wall, Intermediate Choreographer: Fred Whitehouse (IE) & Maddison Glover (AU) Jan 2019 Choreographed to: Just A Phase by Adam Craig

Dance begins on lyrics (8 counts from beginning of the track)

Section 1	Back Rock/Recover, ½ Turn, Cross, Side, Behind/Sweep, Behind, Side, Fwd,
1.0	1/4 Rock/Sway, Sway Rock back onto L (angle body to front L diagonal), recover weight fwd onto R
1,2 &3	Turn ¼ R stepping back onto L (3:00), turn ¼ R stepping R to R side as you
do	sweep L around/fwd (6:00)
4&5	Cross L over R, step R to R side, cross L behind R as you sweep R around/back
6&7	Cross R behind L, step L to L side, step/rock R fwd
8	Turn $\frac{1}{4}$ L as you rock/sway L to L side (3:00) whilst turning your head to the front (12:00)
&	Rock/sway R to R side whilst turning your head to the back wall (6:00)
Section 2	¼ Posé, Full Turn Fwd, Rock Fwd, Recover, ¼ Side, Weave, ¼ Fwd,
	Side Rock/Recover, Cross, Side
1	Turn ¹ / ₄ L stepping fwd onto L whilst hitching R knee (Posé turn- R knee is open to R side) (12:00)
2&	Turn ½ L stepping back on R, turn ½ L stepping fwd onto L (12:00)
3&	Rock fwd onto R, recover weight back onto L
4	Turn ¼ R stepping R to R side as you roll R shoulder back (3:00)
5&6&	Cross L over R, step R to R side, cross L behind R, turn 1/4 R stepping fwd onto R (6:00)
7&8&	Rock L to L side, recover weight onto R, cross L over R, step R to R side
Restart:	Here During The Fourth Sequence
Section 3	Diagonal Back, Walk Back, Side, 2x Walks Fwd, ¼ Lunge, ¼ 2x Runs Fwd, Fwd Sweep 1/4,
	Cross, Side, Together
1,2&	Turn 1/8 L stepping back onto L (4:30), step back onto R, turn 1/8 L stepping L to L side (3:00)
3,4	Turn 1/8 L stepping fwd onto R (1:30), walk fwd on L (still facing 1:30)
5	Turn ¹ / ₄ L as you rock/ lunge R to R side (10:30)
6&	Turn ¹ / ₄ L stepping L fwd, step fwd onto R (7:30)
7	Step L fwd as you sweep R around/fwd making 1/8 turn L (6:00)
8&1	Cross R over L, step L to L side, turn 1/8 R as you step R beside L (taking weight onto R 7:30)
Note:	In the chorus he sings "look back and smile". On count 1, look back over your
	R shoulder and smile. If you don't, be prepared for awkward eye contact with the person in front of you :-)
Continu 4	Find 1/ Beek/Heek Leek Shuffle Find Binet 1/ Find Beek/Beeever Side Beek/Beeever
Section 4 2&	Fwd , ½, Back/Hook , Lock Shuffle Fwd , Pivot ½, Fwd Rock /Recover , Side Rock/Recover Step fwd onto L (still facing 7:30), turn ½ L stepping back onto R (1:30)
3	Step back onto L as you hook R across L shin (1:30)
4&5	Step fwd onto R, lock L behind R, step fwd onto R (1:30)
6&	Step fwd onto L, pivot ½ turn over R (7:30) keeping weight on R
7&	Rock fwd onto L (7:30), recover weight back onto R
8&	Turn 1/8 L as you rock L to L side (6:00), recover weight onto R
Restart:	During the 4th sequence, begin the dance facing 6:00. Dance up to count 16 and restart facing 12:00.
	www.linedancerweb.com
	Linedancer

, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768⁻charged at 10p per minute

Why not join us for your next line dancing holiday visit <u>www.KingsHillDanceHolidays.com</u>